

## Frequencies

Many people talk about frequency and about raising your vibration. Let me build an image around that idea. We don't know how information in the field is encoded. Maybe we don't need to know; you don't have to be an automotive engineer to drive a car. I do know that there are healing machines that work with frequencies and that other healing modalities work through resonance between energies that are in the frequencies of colour, or crystalline matrices. Bio-tuning uses sound frequencies to deliver its changes to your body. I could offer many more such examples.

My working hypothesis for now is that the Information Field is encoded in frequencies – vibrational combinations of them. Since there are millions of frequencies, and they can operate in millions of combinations, this would result in nearly infinite numbers of codes. Since they may also interact in complex and dynamic fractal patterns, the encoding may be very far beyond our analysis. It is probably just as well that we don't need to know and instead focus on our coherence and clarity.

While stating that we don't need to know, I also want to mention the work of Veda Austin and Robert E. Grant on how frequencies are encoded within the various structures water can take, and how the information that shows up in constellations, ancestral patterns, and your genetics might be present in the water of your cells or the amniotic fluid in which you developed. Water connects all living systems, so it's not surprising that the Information Field influences that as well, creating an intermediary between the information itself and cellular function. That may be a component of what the following paragraph describes. Your body contains trillions of cells.

Using that image, each of them would have its own combination of elements – descriptive frequencies in the Field that forms it. Each cell is a life form with a cell wall, a nucleus and other chemical structures based on what a single-celled life-form needs for its existence. You can think of yourself in that sense as a metropolis of cohabiting cells. Each of those was created by the information in its DNA – your unique DNA, as detective stories will tell you. Thus, your unique DNA has its own distinct Information Field within the matrix of creation. You also understand that you are more than just a solid physical object. Since everything is encoded in frequency, you can see yourself as vibrating radiance or a light body. Whatever appears in aura

photographs is one expression of you. Any aspect that exists beyond your physical form—such as your soul or spirit—is also a collection of frequencies stored in the Field’s memory.

### **Form is the shape of Consciousness**

This infinitude of frequencies is what makes the universe. If I were to make a cross-stitch sampler to put on my wall in the style of the 19th century, it would say, “Form is the shape of consciousness.”<sup>[1]</sup> If you can get fully inside this concept, you will know all that you need to know about the Relational Being. It is essential to note that “form” here includes forms of behaviour, thought and context. We haven’t begun to understand how that works because it requires not only knowing how information is encoded, but how its patterns operate over time.

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<sup>[1]</sup> Juliet and Jiva Carter [www.thetemplate.org](http://www.thetemplate.org)